

Freezing Strawberries

From Anneli Johnson, Market Manager

Directions:

- When freezing strawberries a sugar pack will make a better quality frozen product than an unsweetened pack.
- Sprinkle each quart (3 cups capped berries) with $\frac{3}{4}$ cup sugar and mix thoroughly until a juice forms.
- Pack into containers with $\frac{1}{2}$ inch head space
- seal and freeze.
- works with blueberries too